

SAMPLE SCHEDULE

BREAK
THROUGH
TECH



Sprinternships™



Sprintern™ schedule planning



Events that bring Sprinterns together with a large group from the organization



Challenge project-related worksessions, technical training, and check-ins



Events that help Sprinterns to get to know the organization and/or industry



Career enrichment, job shadowing, and mentoring activities

Sprintern™ sample schedule: Week 1

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Orientation (3 hrs)	WCAG Stand Up (30 Min)	Intro to Engineering (2 hrs)	Weekly Staff Mtg (1 hr)	Job Shadowing: Programmer (2 hrs)
		Sprintern Stand Up (30 Min)	Project Worksession (1 hr)	Intro to Market Research (2 hrs)	Project Status Check (1 hr)
	Lunch (1 hr)	Welcome lunch (1 hr)	Lunch (1 hr)	Lunch (1 hr)	Lunch (1 hr)
	Challenge Project Kickoff (1 hour)	Challenge Project Worksession (4 hrs)	Intro to Retail Ops (1 hr)	Diversity Comm. Mtg (1 hr)	Coach Check-in (1 hr)
	Project Brainstorm (1hr)		Job Shadowing: Project Manager (2 hrs)	Challenge Project Worksession (3 hrs)	Challenge Project Worksession (3 hrs)
	Intro to Mission (1 hr)		Hiring / Career Paths (1 hr)		
<p>← Plus: Daily check-ins with a member of your staff →</p>					

Sprintern™ sample schedule: Week 2 and 3

